

# Autumn



## Level 1

Complete 4 of these:

- Enjoy a fireworks display safely
- Plant some bulbs outdoors to cheer someone up in the spring
- Read the Stick Man story and make your own stick man when outdoors
- Go for a walk in crunchy leaves
- In the wood look for natural 'windows' and 'doors' and imagine where they lead.
- Throw sycamore seed 'helicopters'
- On a windy day catch as many leaves as you can before they touch the ground

## Level 2

Complete 5 of these:

- Go blackberry picking and use what you pick to cook with
- Have an acorn hunt and plant them outdoors
- Go for a walk and find faces in the trees
- Go for a walk outdoors and listen to the sounds of autumn
- Build a giant nest big enough for you to sit in
- Make a bark boat and float it on a stream
- Help someone to rake up the leaves and use them to make compost

## Level 3

Complete all of these:

- Collect plants to use as natural dyes and tie dye a t-shirt
- Go for a walk in the woods and look out for galls and fungi
- Make a green man and hang it in the woods
- Build a shelter to keep you dry
- Help someone to get their garden ready for the winter
- Play hide and seek in the trees and bushes
- Find a fallen tree and see if you can count how old it is using tree rings