

Emergency



In this activity we want you to explore what you can do in the event of any emergency and how to keep yourself and others safe.

Level 1 – Complete all 3 of these activities

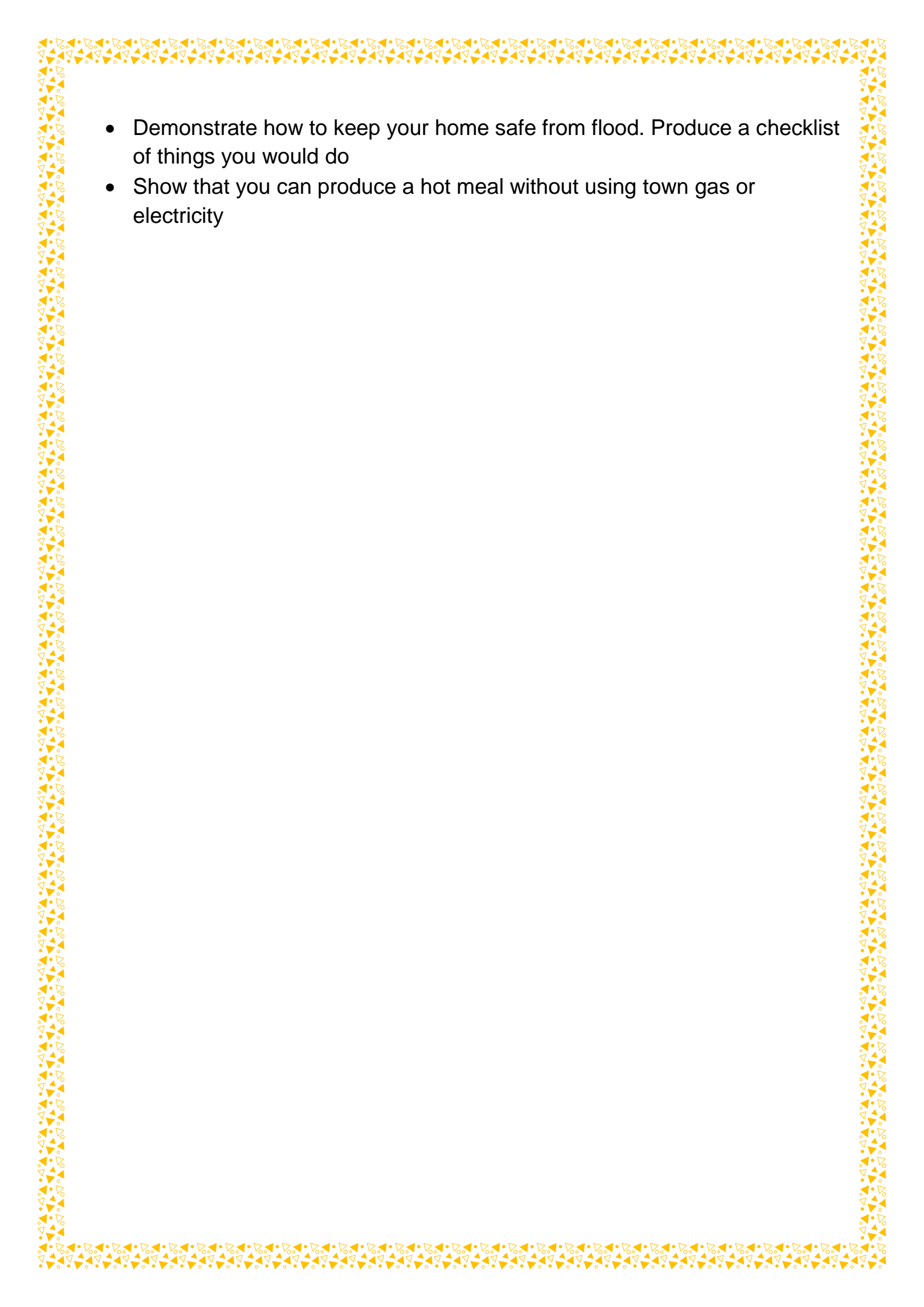
- Visit a local playground and think about being safe as you play
- Demonstrate that you can use the Green Cross Code when out and about
- Whilst out walking in the town or the country or near water or a railway line, show that you can walk safely

Level 2 – Complete 4 activities

- Draw a map to get you from your home to School
- Get an adult to help you find where you live on an OS Map
- Know how to deal with cuts, bruises and burns
- Know, understand and put into practise the Highway Code for pedestrians
- Whilst out walking in the town or the country or near water or a railway line, show that you can walk safely
- Demonstrate that you know how to dial 999 on a toy phone and practise the information you would give to the operator

Level 3 – Complete 5 activities

- Wear the correct clothing for a trip in the country or woods
- Follow a simple route using a sketch map in an area you don't know
- Explain how to deal with, and avoid, hypothermia and heat exhaustion
- Know how to behave sensibly by canals, rivers and lakes and demonstrate your skill
- Know, understand and put into practise the Countryside Code and Water Safety Code
- Know what to do if you are out in the open and lightning starts.
- Find out what you would do if you were lost.
- Learn how to find North by using a compass and demonstrate this when outside
- Using a compass walk on a bearing
- Identify some key constellations and know how they may help you find your way. Go out at night and look for these constellations
- Know how to build a shelter for if you are in difficulty when out walking

- 
- Demonstrate how to keep your home safe from flood. Produce a checklist of things you would do
 - Show that you can produce a hot meal without using town gas or electricity